

Linking Client Baselines to Client-centered Goals and Intervention

- **Global baseline** – *Joan required frequent standby physical assistance and was at imminent risk of a fall when preparing a bowl of cereal and a beverage. She demonstrated marked physical effort moving her wheelchair, and her performance was moderately inefficient (e.g., her performance was slow, and task objects were organized over two nonadjacent work areas).*
- **Goal** – *Joan will prepare simple cold meals (e.g., sandwiches, breakfast) safely and independently, demonstrating only minimal increase in physical effort.*

<ul style="list-style-type: none"> • Specific baseline 1 – <i>Increased effort moving wheelchair, resulting in problems positioning self at workspace and transporting objects (e.g., juice, milk); attempted to move wheelchair with brakes locked.</i> • Objective 1 (subgoal 1) – <i>Transport objects independently, demonstrating only minimal increase in effort.</i> 	<ul style="list-style-type: none"> • Intervention plan:
<ul style="list-style-type: none"> • Specific baseline 2 – <i>Standing and attempting to walk when reaching for task objects from overhead cupboards resulted in major risk for a fall. Safe while seated in wheelchair.</i> • Objective 2 (subgoal 2) – <i>Access task objects safely and independently.</i> 	<ul style="list-style-type: none"> • Intervention plan:

- **Intervention plan** – Given Joan’s baseline and goals, and her ADL process ability measure of -0.5 logit and her ADL motor ability of -0.4 logit, we most likely would recommend environmental modification and caregiver training. What would you suggest in Joan’s case?

